

# 21 DAYS OF PRAYER AND FASTING

February 4 - February 25



2024

# CREATE A LIFESTYLE OF PRAYER

“Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He **prayed.**”

Mark 1:35



February 4 - February 25



# TIPS FOR PRAYING

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate.

To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

**Have a certain time.** Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God – whether it's first thing in the morning, at lunch, or in the evening – and faithfully keep it.

**Have a certain place.** Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

**Have a certain plan.** As we pray every day, our plans for our prayer time can vary by including worship music, Bible reading, and time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

**Have an open heart.** Let's take the risk in giving up complete control to God! Be ready to listen and obey. Embrace the promises of God's Word. Expect God to work in marvelous ways.  
(Psalm 111:2)



Our mission statement is an impossible mission statement. It is “**Unleashing people to God-breathed horizons.**” Without God, it’s impossible to fulfill our mission. That’s why we pray. We want to create an atmosphere that is conducive for God to speak.

Through prayer we can create a place where the veil between heaven and earth becomes so fine that the still, small voice is more clearly heard. The ancient Celts called this place a “thin place.”

Every year, we set aside 21 days to pray, fast, and consecrate our hearts and year to the Lord. It brings to mind a verse from the book of Joshua: “**Consecrate yourselves, for tomorrow the LORD will do amazing things among you.**”

What we bring to the Lord in prayer during these 21 days, God will continue to answer all year long. We have outlined twenty-one different prayer patterns, one for each day of the fast to help develop the habit of daily prayer. Without a pattern, our minds are prone to wander; we may become bored and stop praying prematurely. Praying through the patterns of Scripture is the easiest way to learn how to pray, and I believe it's the most effective.

You may be thinking that prayer is a waste of time, but nothing could be further from the truth. Prayer saves us time. In fact, the busier we are, the more we need to pray. Prayer is the foundational habit on which all other habits are built upon. It not only impacts what is seen, it also impacts the unseen.

Thank you for being a praying church. I brag about you everywhere I go. I can’t wait to see what God has in store for us in 2024 as a result of our collective prayer efforts.

**In Christ,**  
Ricky Spindler

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Scripture: Psalm 51:10–12

# 01 THE GENESIS PRAYER

## **Create in me a clean heart (Give Me a Fresh Start)**

When you ask God to change your heart, it changes your plans, your paths, and your future. Don't go into 2024 with the same heart.

*Create* is the same word here used in Genesis 1- "In the beginning God *created*."

It means to create something from nothing (ex nihilo), something that is brand new.

## **Renew a right spirit (Breathe Holiness into Me)**

In the Scriptures, when *spirit* is not capitalized, it often refers to the inner attitudes (spirits) that can be at work in your life. The Holy Spirit is not the only spirit that can operate in your inner world. You can have a spirit of jealousy, anger, lust, greed, pride, bitterness, unforgiveness, or envy. Let's be specific. Invite God to renew the inner attitudes of your heart...to breathe holiness into your life.

## **Take not your Holy Spirit (Don't Throw Me out with the Trash)**

The highest cost of harboring hidden sin is loss of close fellowship with God. Out of fellowship with God comes the fruit of righteousness.

The Holy Spirit is the Gift of Jesus to His Church: He is our seal of salvation, our counselor, comforter, the one who convicts of sin, and our empowering partner in ministry. Ask for more of the Holy Spirit as you start 2024.

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Scripture: Psalm 51:10–12

# 01 THE GENESIS PRAYER

## Restore joy (Bring Me Back from Exile)

Joy is usually the first fruit of the Spirit that the enemy cuts out of your life. Nehemiah says, "The joy of the Lord is our strength." Jesus says that if we would abide, He would give us His joy, His blessing upon our life.

In His presence is fullness of joy.

Let's pray for God to restore joy and anything else that you feel you have lost.

## Grant me a willing spirit (Put a Fresh Wind in My Sails)

David is in essence saying: "Make me want to want to do Your will again," or set my heart default to yes. Pray for a fresh wind to fill your sails: to walk in new levels of obedience. There's nothing like declaring at the beginning of the year that you want to do God's will, to repeat the words of Jesus: "Not my will, but Your will be done."

## Jesus is the answer to all of these prayers.

- He is the one who gives you a clean heart. (Ezekiel 36:26)
  - He renews your spirit. (1 Thessalonians 5)
  - He gives you the Holy Spirit. (John 14)
  - He gives you His joy. (John 15)
  - He is your example. (Philippians 2)
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Scripture: Matthew 6:9–13

## 02 THE LORD'S PRAYER

### **Our Father in heaven, hallowed be Your name... (Worship His Divine Attributes)**

Take a moment and draw your attention toward God.  
This is the beginning of all prayer, so take your time.  
Vocally express your adoration to God.

This means to acknowledge Him for His holiness, love, mercy, power, presence, wisdom, provision, Word, Spirit, etc.

### **Your Kingdom come, Your will be done... (Surrender to His Will)**

Declare that you want to do God's will. Then ask Him to reveal His will for you in all areas of your life. Ask for the fruits of the Spirit (love, joy, peace, patience, kindness, goodness, gentleness, faithfulness, and self-control) to be present in your thoughts, words, and actions.

### **Give us today our daily bread... (Let Your Requests Be Made Known to Him)**

Daily cast your burdens/pressures on the Lord. See yourself placing situations, problems, and decisions into His capable hands.

Pray for specific needs that you have--the more specific you are the better.

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Scripture: Matthew 6:9–13

## 02 THE LORD'S PRAYER

**Forgive us our debts as we also have forgiven our debtors...**  
**(Ask for and Extend Forgiveness)**

Take a moment and ask the Holy Spirit to search your heart.  
Where did you draw closer to Christ and where did you move away from Him?

Ask for forgiveness if you sense any separation.

Pray for relationships in your life that have challenged you.  
Ask the Holy Spirit to put an attitude of forgiveness in your heart ahead of time.

**Lead us not into temptation, deliver us from the evil one...**  
**(Resist the Enemy)**

Put on the full armor of God, piece by piece; the helmet of salvation, breastplate of righteousness, belt of truth, shoes of peace, sword of the Spirit, and the shield of faith.

Pray for God's protection over your family, church, health, finances, and workplace.

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**Scripture: 2 Corinthians 13:14**

## **03 THE TRINITY PRAYER**

Wrapped up in one verse are all three persons of the Godhead in this beautiful prayer. All three persons are mentioned here by Paul, and each one relates to the life of a Christ follower.

### **The Love of God**

Ask for a fresh revelation of God's love for you. Ask Him to remove any growing insecurities or areas of low self-esteem. Pray for confidence in God's love for you.

- Exodus 34:6-8
- Psalm 108:4

### **The Grace of Jesus Christ**

Take a moment and ask God's grace to be upon your life, your family, and your church. Ask for an abundance of grace to be poured out.

- John 1:16
- Hebrews 4:16
- 1 Timothy 1:14a

### **The Fellowship of the Holy Spirit**

God the Holy Spirit is a person who wants to be with you. Invite the Holy Spirit to be with you just like He was with Jesus at the point of His baptism.

- Luke 3:21-22

### **Surrender to the Holy Spirit and allow Him to exhibit His fruit in you.**

- Galatians 5:22-23

Throughout your day, invite the Holy Spirit to fan into flame the spirit of prayer and to keep it ablaze by using the gifts that He has given to you.

Scripture: Psalm 23

# 04 THE SHEPHERD'S PRAYER

## **The Lord is my Shepherd (Jehovah Rohi- My Shepherd)**

Pray that you will discern the voice of God: My sheep know my voice. (John 10:27a)  
Pray for God's will to be done in your life and in the lives of those you love.

## **I lack nothing (Jehovah Jireh- My Provider)**

Pray for God to bless the works of your hands.  
If you're in debt, ask the Lord to help you to get out of debt.

## **He makes me lie down in green pastures; He leads me beside quiet waters (Jehovah Shalom- My Peace)**

Declare His peace over your heart. Pray that you would be a peacemaker.  
Ask for your enemies to even be at peace with you. (Proverbs 16:7)

## **He refreshes my soul (Jehovah Rapha- My Healer)**

Ask Him to heal your body, mind, and emotions.  
Don't live in fear of any disease or inherited physical or mental health issue.

Pray for those who are suffering around you as well. Don't just pray for yourself.

## **He guides me along the right paths for his name's sake (Jehovah Tsidkenu- My Righteousness)**

Ask the Lord to guide you to and to lead you on paths of righteousness.

Ask Him to create level paths for your feet by bringing the high places (idols) low and to bring the low places (insecurities) high.

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Scripture: Psalm 23

## 04 THE SHEPHERD'S PRAYER

**Even though I walk through the darkest valley, I will fear no evil, for you are with me  
(Jehovah Shammah- My God is Present)**

Declare that you will not walk in a spirit of fear but rather have a Spirit of love, power, and of a sound mind. (2 Timothy 1:7)

**Your rod and your staff, they comfort me. You prepare a table before me in the presence  
of my enemies (Jehovah Nissi- My God Conquers)**

God is our protector, who defeated all the forces of darkness in Christ.  
Take a moment and worship the name of Jesus and then ask Him to destroy and derail the plans of the devil.

**You anoint my head with oil; my cup overflows. Surely your goodness and love will follow  
me all the days of my life, and I will dwell in the house of the Lord forever  
(Jehovah Mekoddishkem- My God sets me apart)**

Take some time to thank God for His goodness and mercy: where would you be without it?

Ask for His goodness and mercy to continue to be at work in your life.

Ask for a fresh anointing of the Holy Spirit in your life, and for it to overflow from your life into the lives of others.

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# 05 PRAYING HANDS

This is one of the easiest ways to learn how to pray and to teach others to pray, especially children. It's not tied to a specific scripture, but it is still a pattern we can pray.

## Palms Down

Put your hands palms down in front of you and take a few minutes to release all pressures, burdens, and sin you are carrying.

Casting all your cares [all your anxieties, all your worries, and all your concerns, once and for all] on Him, for He cares about you [with deepest affection, and watches over you very carefully]. (1 Peter 5:7)

## Palms Up

Turn your hands palms up and begin to ask the Lord for His grace. Pray for His love, His peace, and His joy.

Peace I leave with you; my peace I give you... (John 14:27a)

I have told you this so that my joy may be in you and that your joy may be complete. (John 15:11)

The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. (1 Timothy 1:14)

## Hands up: Worship

Take a moment with hands extended to worship the Lord, to lift up His name and declare your desire for His work in your life.

I will praise you as long as I live, and in your name I will lift up my hands.  
(Psalm 63:4)

I spread out my hands to You; My soul longs for You like a thirsty land.  
(Psalm 143:6)

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# 05 PRAYING HANDS

## Hands on: Prayer

Using our hands as a prayer pattern, let's begin to intercede for those in our lives over whom we have influence.

Is anyone among you suffering? He should pray. Is anyone in good spirits? He should sing praises. Is anyone among you ill? He should summon the elders of the church, and they should pray for him and anoint him with olive oil in the name of the Lord. (James 5:13-14)

### With one of your hands, pray for the following:

- Those closest to me (thumb)
- Those who give me direction (index finger)
- Those in positions of authority (middle finger)
- Those who are weak (ring finger)
- Your own self (pinkie)

### With your second hand, pray for yourself in the following ways:

- Pray for your heart (thumb)
  - Pray for God to direct you (index finger)
  - Pray for those whom you are influencing (middle finger)
  - Pray for areas of your own weakness (ring finger)
  - Pray for God's blessing upon your life (pinkie)
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Scripture: Isaiah 64:1-3

## 06 SUPERNATURAL PRAYER

**Pray for open heavens: “Oh, that you would rend the heavens”**

To pray for an open heaven is to pray for the Lord to remove confining barriers, to open up a new pathway, and to pour out His favor upon your life.

**Pray for the mountains to be dissolved: “The mountains shake at your presence”**

This is a prayer for the Lord to remove long-standing obstacles, to break down walls, to remove resistance. It's a prayer to move forward.

**Pray that the dead wood would be consumed: “The fire burns up the brushwood”**

This is an inviting prayer asking the Lord to prune you--to take away anything that's taking up space but not giving life--to burn up the dead things.

**Pray that lukewarmness would be removed: “And the fire boils the water”**

Ask the Holy Spirit to fan into flame your passion for the things of God.  
Ask Him to remove apathy and restore a passionate pursuit of the Lord.

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Scripture: Isaiah 64:1-3

## 06 SUPERNATURAL PRAYER

### **Pray the mighty names of God: “Name of God amongst the adversary”**

God is a God who loves to proclaim His name in all circumstances.  
Take a moment and lift up the attributes of God:

He is all time (eternal).

He is all-knowing (omniscient).

He is all powerful (almighty).

He is all complete (holy).

He is all places (omnipresent).

### **Pray that walls be broken down: “Nations tremble”**

Take a moment and pray for your nation.  
Pray for any hindrances to the proclamation of the Gospel to be removed.

### **Pray that the impossible becomes possible: “Awesome things are done”**

Pray for a fresh anointing upon your life and upon the Church for miracles.  
Invite God to do the impossible.

Ask Him to heal, provide, set free, deliver, and do awesome things in your midst.

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Scripture: Isaiah 11:1-2

# 07 SEVEN FUNCTIONS OF THE HOLY SPIRIT

The Messiah has seven (the number of fullness and completion) distinct aspects that the Holy Spirit will operate upon His life. These are also seven ways the Holy Spirit can function in your life.

Let's pray through them.

## **Spirit of the LORD - Intimacy**

Pray for a first-love affection for the Lord, that you would grow in depth of knowledge and insight into who Jesus is.

## **Spirit of Wisdom - Order**

Ask the Holy Spirit to bring order to all areas of your life. The byproduct of wisdom is always order. Think through specific situations in which decisions have to be made and ask the Holy Spirit to give you wisdom in those circumstances.

## **Spirit of Understanding - Clarity**

Ask the Holy Spirit to illuminate His will to you. This is called discernment. As intimacy increases, so does discernment.

Also pray that the Holy Spirit will grant you a willing spirit. It's one thing to know God's will, it's another thing to do it.

## **Spirit of Council - Choices**

Ask the Holy Spirit to make you sensitive to His voice and leadings in your life. Think through your day and invite the Holy Spirit to be a part of all your interactions with others.

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Scripture: Isaiah 11:1-2

# 07 SEVEN FUNCTIONS OF THE HOLY SPIRIT

## **Spirit of Might - Power**

Ask the Holy Spirit to give you a steadfast heart, one that is established and not easily swayed by circumstances. Ask the Holy Spirit to remove timidity and to make you as bold as a lion.

## **Spirit of Knowledge - Insight**

Ask the Holy Spirit to give you specific insights that you couldn't know without His help. Submit all your plans to the Lord and ask the Holy Spirit to give you details about what He's asking of you.

## **Spirit of the Fear of the Lord - Integrity**

Ask the Holy Spirit to convict you and make you aware of any lurking sins in your heart. Ask the Lord to remove all duplicity from your life and to restore to you a heart of integrity.

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Scripture: Ephesians 1:1–20

## 08 THE EPHESIANS PRAYER

**Purpose: Know the hope to which He has called you (v 18)**

God has something that He's called you to do. He has called you to His mission and also has specific things for you to do related to how He has made you.

Pray that God would give you clarity in what He's called you to do and who He has called you to be.

**Promises: The riches of His glorious inheritance (v 18)**

The promises of God are not only for the future but also the present.

Pray that you would know and receive all the promises that God has for you.

**Power: And His incomparably great power for us who believe (v 19–20)**

God's power enables us to do all that He has called us to.

Pray that God would empower you in all you put your hands to.

[Read Ephesians 1:15-20 in The Message paraphrase for extra emphasis:](#)

That's why, when I heard of the solid trust you have in the Master Jesus and your outpouring of love to all the followers of Jesus, I couldn't stop thanking God for you—every time I prayed, I'd think of you and give thanks. But I do more than thank. I ask—ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for his followers, oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength!

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Scripture: Ephesians 3:1–21

## 09 ADVERSITY PRAYER

### **Make me double strong.**

Even in seasons of adversity, God can still move. Adversity is not necessarily due to sinfulness; it's part of the walk of a Christ follower.

(v. 16) I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being.

### **Make yourself at home in me.**

God is not limited by chains or prison doors.

(v. 17) So that Christ may dwell in your hearts through faith.

### **Give me a fresh revelation of your love for me.**

Trouble can serve as a measure of your trust in God.

No matter what happens, we must continue to put our trust and hope in Christ.

(v. 18) And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge.

### **Let me come under more of your influence.**

Adversity often sets the stage for even greater miracles.

In difficulties, God will work on our behalf and give us what we need to overcome!

(v. 19) And to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

### **Surprise me, Lord.**

The darker our circumstances, the more powerfully God can move.

(v. 20) Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.



Scripture: Philippians 1:4–11, 19

# 10 PHILIPPIANS PRAYER

## **Keep your joy (v 4)**

Prayer and joy go together. It's never wrong to ask the Lord to fill you with joy, because the joy of the Lord is our strength. Ask the Lord to restore joy to you.

## **Keep your confidence (v 6)**

God always finishes what He starts. This is a prayer for God to remove discouragement and to encourage your heart-- He is doing a good work for you.

## **Keep loving well (v 9)**

Pray for your love for God to grow deeper and wider.

## **Keep seeing clearly (v 10a)**

A love for God and discernment are attached.  
As intimacy increases, discernment increases.

Ask the Lord to open your eyes in a spiritual sense to what He's doing.

## **Keep being an example (v 10b)**

Ask the Lord to restore a sense of purity and blamelessness to you.  
Ask Him to lead you on paths of righteousness.

## **Keep giving God glory (v 11)**

Take a moment and acknowledge that everything good in your life has come from God.

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Scripture: Colossians 1:9–14

# 11 THE COLOSSIAN BLESSING

**Let me know Your voice and Your will.**

We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives. (Colossians 1:9)

**Give me the moral courage to live for You in a broken world.**

So that you may live a life [walk] worthy of the Lord and please him in every way. (Colossians 1:10a)

**Make me fruitful for the Kingdom in all I do.**

Bearing fruit in every good work. (Colossians 1:10b)

**Take me deeper in my faith, that I would trust You with everything.**

Growing in the knowledge of God. (Colossians 1:10b)

**Strengthen me according to Your mighty power.**

Being strengthened with all power according to his glorious might. (Colossians 1:11a)

**Fill me to overflowing that I may live out of fullness and not lack.**

So that you may (be filled with) have great endurance (glorious strength) and patience and giving joyful thanks to the Father. (Colossians 1:11b–12a)

**Keep bringing me from darkness to light.**

...Who has qualified you to share in the inheritance of his holy people in the kingdom of light. For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. (Colossians 1:12b–14)

Scripture: Exodus 25:8–9

# 12 THE TABERNACLE PRAYER

The Tabernacle was a holy place in which the glory and presence of God dwelled. God was specific regarding the construction and furnishing of this Tabernacle because it was symbolic of Jesus, who would become our ultimate sacrifice.

Its template teaches us how to approach a Holy God whose ultimate desire is to dwell in and with His people.

**The Gate was the main entrance into the outer court.**

Psalm 100:4 tells us to “enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.”

The password to God’s home is “thank you.” What can you thank Him for today?

**The Brazen Altar is where the Israelites offered their sacrifices before the Lord.**

This represents our gratitude for Jesus' sacrificial death.

Take a moment to remember what Jesus’ sacrifice means for you.

**The Lavar is a basin made out of mirrors.**

It represents our separation from sin.

Take a moment to think through the parts of your body and repent of any impurities.

- Mind: Renew my mind from toxic thoughts.
- Eyes: Cleanse me from anything I've viewed.
- Ears: Let me not entertain any unwholesome conversation.
- Mouth: Set a muzzle over my mouth.
- Hands: Let my actions please You in every way.
- Feet: Let me not trespass outside the boundaries of Your Word.
- Heart: Let me love what You love.

Scripture: Exodus 25:8–9

# 12 THE TABERNACLE PRAYER

**The Lampstand has seven placeholders for candles.**

This is symbolic of the seven functions of the Holy Spirit described in Isaiah 11.

Take time to pray those seven functions over your life, your family, and our church.

- Spirit of the Lord (Freedom)
- Spirit of wisdom (Order)
- Spirit of understanding (Clarity)
- Spirit of counsel (Choices)
- Spirit of might (Courage)
- Spirit of knowledge (Insight)
- Spirit of the Fear of the Lord (Integrity)

**The Table of the Bread of the Presence speaks of receiving a fresh daily word (*rhema*) from the Scriptures (*logos*).**

What passages of Scripture are speaking to you today?

**The Altar of Incense is where incense was burned before the Lord.**

It was forbidden to burn an animal sacrifice here. The Altar of Incense represents singing and praying in the Spirit. In the Gospel of John, we're told that God is Spirit and those who worship Him worship in spirit and truth.

Take a moment to sing and pray in the Spirit before entering the Holy of Holies.

**The Holy of Holies is where we find the Ark of the Covenant, in which the shekinah glory of God dwells.**

The Ark of the Covenant represents intercession.

Conclude your time in prayer by praying over your family, church, nation, and the nations of the world.

Scripture: Exodus 25:8–9

# 13 HOW TO RESPOND TO GOD'S GLORY

A working definition of glory is “the weightiness of God” or “the sum total of all that God is.”

Experiencing the glory of God could also be described as the whole weight (the splendor, riches, dignity, and reputation) of who God really is.

God desires you to experience His glory, as Exodus 25:8 and verse 22 tell us, “Let them make Me a sanctuary, that I may dwell among them ... and there I will meet with you, and I will speak with you.”

We also see in the New Testament that God desires to dwell in you. Paul explains this to us in Ephesians 2:22: “In [Christ] you also are being built together for a habitation of God in the Spirit.”

God's glory does not reside in structures but in dependence on God.

In Exodus 34:6-9, Moses's interaction with God shows different ways to respond to God's glory:

## **I bow down in a posture of humility and worship You.**

- Moses quickly bowed his head toward the earth and worshiped. (Exodus 34:8)
- And blessed be His glorious name forever! (Psalm 72:19a)
- Lift up your heads, O you gates! And be lifted up, you everlasting doors! And the King of glory shall come in. (Psalm 24:7)

## **I ask for more of Your presence.**

### **Let me not live out of my own strength but be empowered by You.**

- Please let the Lord go in the midst of us. (Exodus 34:9)
- And let the whole earth be filled with His glory. (Psalms 72:19)

Scripture: Exodus 25:8–9

# 13 HOW TO RESPOND TO GOD'S GLORY

**I confess today that I am stubborn and sinful. Forgive me and soften my heart so that I am sensitive to Your leading.**

- ... for it is a stiff-necked people, and pardon our iniquity and our sin. (Exodus 34:9)
- “Woe to me!” I cried. “I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the LORD Almighty.” (Isaiah 6:5, NIV)

**I abandon myself to You. Have every part of me.**

- And take us for your inheritance. (Exodus 34:8)
  - Also I heard the voice of the Lord, saying: “Whom shall I send, And who will go for Us?” Then I said, “Here I am! Send me.” (Isaiah 6:8)
-

Scripture: Exodus 33:14,18-23; Exodus 34:10-11, 24

# 14 THE MAGNIFICENT SEVEN

God promises the following in this passage of Scripture:

**I will give you rest (peace and strength) (33:14).**

Ask the Lord to give you a renewed sense of peace and inner strength.

**I will cause all my goodness to pass in front of you (prosperity) (33:19).**

Ask the Lord to fill your life with good gifts that come from Him.

**I will proclaim my name (God alone will be praised) (33:19).**

Take a moment and in your own words, praise the Lord.

**I will have mercy and compassion (God is quick to pardon) (33:19).**

Ask the Lord for His mercies to be upon you.

**I will do wonders never before done (power for service) (34:10).**

Ask the Lord for a fresh infilling of His power on your life.

**I will drive out nations before you (protection from the enemy) (34:24).**

Ask the Lord for protection from enemies.

**I will enlarge your territory (stretched faith) (34:24).**

Ask the Lord for new opportunities.

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Scripture: Ezekiel 1:9-10; Ezekiel 1:12

# 15 FOUR FACES OF GOD

These four faces represent the mightiest of all living things:

**The Eagle: swiftest, flies the highest, sees the farthest.**

Take a moment and worship the Lord, then ask Him to show you His will.

- But those who wait on the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint. (Isaiah 40:31)
- And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus. (Ephesians 2:6)

**The Lion: royalty, strength, and courage.**

Take a moment and reflect on the authority that Jesus has over demonic forces.

Pray with boldness for limiting beliefs, besetting sins, and life-controlling issues to be removed from your life.

- The wicked run away when no one is chasing them, but the godly are as bold as lions. (Proverbs 28:1)
  - Stop weeping; behold, the Lion that is from the tribe of Judah, the Root of David, has overcome. (Revelation 5:5)
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Scripture: Ezekiel 1:9-10; Ezekiel 1:12

# 15 FOUR FACES OF GOD

**The Ox: abundance, blessing, and perseverance.**

Take a moment to humble yourself before the Lord, either on your knees or with your hands extended.

Now invite the Lord to take your burdens, to carry the load.  
Ask for your work to be richly rewarded with a vast harvest.

- Our oxen will draw heavy loads. (Psalm 144:14a)
- For my yoke is easy and my burden is light. (Matthew 11:30)

**The Man (Humanity): most dignified, noble, made in God's image.**

Ask the Lord for divine appointments, opportunities that He prepares for you to step into. Ask Him to fill your heart with a love for others as you go about doing His will.

- For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)
  - You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This the greatest and first commandment. And a second is like it: you shall love your neighbor as yourself. (Matthew 22:38-39)
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Scripture: Ezekiel 37:1-14

# 16 VALLEY OF DRY BONES

The Valley of Bones is a picture of broken and dysfunctional relationships.

Ezekiel is asked to prophesy first to the bones, showing the power of God's Word. He is then asked to prophesy to the wind, a request for the breath of God.

Here are five things to pray from the valley of dry bones:

**Invite the Lord's resurrection power to be present in your life.**

Remember, anything is possible through prayer.

**My people, I am going to open your graves (v 12).**

Ask the Lord to lift you up out of difficult circumstances and tight places. Literally, to bring you up.

**Ask the Lord to restore broken things, things that lie in ruins or that are in a heap of ashes.**

I will bring you back to the land of Israel (v 12).

**Ask for God to breathe in your life again and take a moment to ask God to breathe on those closest to you.**

I will put my Spirit in you and you will live (v 14).

**Ask God to give you a hopeful expectation of His preferred future for you.**

Remember, He has a destination in mind for you. I will settle you in your own land (v 14).

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Scripture: Ezekiel 47:1–12

# 17 EZEKIEL'S RIVER PRAYER

In my thirtieth year, in the fourth month on the fifth day, while I was among the exiles by the Kebar River, the heavens were opened and I saw visions of God. (Ezekiel 1:1)

This vision occurs in the middle of exile and devastation.  
There was no source of hope or vision for the future, only defeat.

Previous visions explained God's judgment and punishment against God's people.

God promises a new temple. His glory (presence) will return: symbolized by the river.

God's people will have a chance to repent and be rescued.

This vision reveals God's heart for a broken world and testifies of the Gospel of Jesus.

**Pray for the water of the Holy Spirit to rise from ankle-deep to knee-deep to waist-deep to swimming.**

**Pray for people to move out into deeper waters.**

**Pray for the dead to come back to life.**

Swarms of living creatures will live wherever the river flows ... so where the river flows everything will live. (Ezekiel 47:9)

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Scripture: Ezekiel 47:1-12

# 17 EZEKIEL'S RIVER PRAYER

## **Pray for a harvest of souls.**

There will be large numbers of fish... Fishermen will stand along the shore...The fish will be of many kinds. (v 9)

## **Pray for the fruit of the Spirit.**

Fruit trees of all kinds will grow on both banks of the river.  
Their leaves will not wither, nor will their fruit fail. (v 12)

## **Pray for abundance.**

Every month they will bear fruit, because the water from the sanctuary flows to them. (v 12)

## **Pray for healing.**

Their fruit will serve for food and their leaves for healing. (v 12)

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Scripture: Psalm 143:8–12

# 18 THE EVERYDAY PRAYER

In the Jewish tradition, students who were training to be rabbis would pray Psalm 143 on a daily basis, hence the name, the Everyday Prayer.

## **Bring me word of Your unfailing love. (Faithfulness)**

Thank the Lord for His faithfulness, that He's been at work the whole time you've been asleep.

Ask Him to make you aware of all that He's doing on your behalf.

## **Show me the way. (Direction)**

You can never pray for God to direct you too many times.

Once again, ask the Lord to direct your steps and to reveal His will, generally and in specific situations.

## **Rescue me from my enemies. (Inward)**

It's been said that if there are no enemies within, then the enemies without can do you no harm.

Take a moment and reflect on your inner world. What are the enemies within (e.g., greed, pride, anger, lust)? Now pray that with the Holy Spirit's help you can walk in victory.



Scripture: Psalm 143:8–12

# 18 THE EVERYDAY PRAYER

## **Teach me to do Your will. (Obedience)**

Ask the Lord to give you an obedient heart, one that is quick to obey any promptings from the Holy Spirit.

## **May Your good Spirit lead me. (Humility)**

In a spirit of humility ask the Holy Spirit to think through your mind, speak through your mouth, and stand in your shoes.

## **Preserve my life... bring me out of trouble. (Circumstances)**

Life is filled with troubling situations. If you are in any particular circumstances right now that are troubling, ask Him to bring you out of it.

## **In your unfailing love, silence my foes. (Outward)**

It's not wrong to pray for the Lord to save you from unreasonable people. People are never our enemy, but sometimes the enemy can wreak havoc through people.

Ask the Lord to remove toxic people from your life and to bring a reordering to your relationships.





Scripture: 2 Chronicles 26:3–5 (Read Full Chapter)

# 19 UZZIAH'S PRAYER

As Uzziah sought after God, God did the following for him.

Pray He will do the same for you:

## **God will help you.**

God helped him against the Philistines and against the Arabs who lived in Gur Baal and against the Meunites. (2 Chronicles 26:7)

Remove all obstacles in my life that might try to destroy Your work for me.

## **God will give you influence.**

The Ammonites brought tribute to Uzziah, and his fame spread as far as the border of Egypt, because he had become very powerful. (2 Chronicles 26:8)

Extend my influence so that Your glory would be known.

## **God will give you abundance.**

Uzziah built towers in Jerusalem at the Corner Gate, at the Valley Gate and at the angle of the wall, and he fortified them.

He also built towers in the wilderness and dug many cisterns, because he had much livestock in the foothills and in the plain. He had people working his fields and vineyards in the hills and in the fertile lands, for he loved the soil. (2 Chronicles 26:9)

Bless me abundantly so that I can be a blessing.

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Scripture: 2 Chronicles 26:3–5 (Read Full Chapter)

# 19 UZZIAH'S PRAYER

**God will give you creativity.**

In Jerusalem he made devices invented for use on the towers and on the corner defenses so that soldiers could shoot arrows and hurl large stones from the walls. (2 Chronicles 26:15)

Give me creative ideas and solutions to problems and opportunities that arise.

A reminder: The story of Uzziah teaches us to maintain sincere humility during the periods of success that God grants us.

This verse serves as a lesson: His fame spread far and wide, for he was greatly (marvelously) helped until he became powerful (strong). But after Uzziah became powerful, his pride led to his downfall. (2 Chronicles 26:15–16)

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Scripture: 1 Chronicles 4:9–10

## 20 THE PRAYER OF JABEZ

Jabez was more honorable than his brothers. His mother had named him Jabez, saying, “I gave birth to him in pain.” Jabez cried out to the God of Israel, “Oh, that you would bless me indeed and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.” And God granted his request.

### **Bless me indeed. (Abundance)**

Pray for the supernatural favor of God to be upon your life.  
Pray for your needs to be met and for excess to bless others.

### **Enlarge my territory. (Influence)**

Reject small thinking and embrace a God-sized vision.  
Pray for your faith to grow and your capacity to influence more people for Christ to increase.

### **Let Your hand be with me. (Presence)**

Refuse to move forward without the Holy Spirit.  
Ask the Holy Spirit to guide you, empower you, and anoint you.

### **Keep me from harm. (Protection)**

Defend me from the intrusion of the enemy.

Proclaim that you dwell under the shadow of the Almighty and that you are under the blood (covering) of Christ.

### **And God granted his request. (Thanksgiving)**

Take a moment and thank God for answering your prayers.

Even if you don't have the answers yet, thank Him ahead of time for answering you.

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Scripture: Matthew 26:26

# 21 THE LORD'S BODY

While they were eating, Jesus took bread, and when he had given thanks, He broke it and gave it to his disciples, saying, "Take and eat; this is my body."

As we think about Jesus' sacrifice and the fact that He gave His body for us, let's examine and pray through all that this means for us.

## **Grant me peace. (His brow)**

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. (John 14:27)

Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken. (Psalm 55:22)

## **Heal me and those I know who need healing. (His back)**

By His wounds you were healed. (1 Peter 2:24)

His appearance was so disfigured beyond that of any man and his form marred beyond human likeness. (Isaiah 52:14)

## **Forgive my wrongdoing and transform me. (His hands)**

Having canceled out the certificate of debt consisting of decrees against us, which was hostile to us... has taken it out of the way, having nailed it to the cross. (Colossians 2:14)

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Scripture: Matthew 26:26

# 21 THE LORD'S BODY

**Help me to walk in the victory that You have provided. (His feet)**

And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. (Colossians 2:15, NIV)

He raised Him from the dead and seated Him at His right hand... And God placed all things under His feet and appointed Him to be head over everything for the church, which is His body. (Ephesians 1:20, 22-23)

**Do a deep work within me, Lord. Heal any inner wounds that I am carrying. (His side)**

He has sent me to bind up the brokenhearted. (Isaiah 61:1)

My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise. (Psalm 51:17)

**Give me strength to walk in the richness of Your blessing. (His head)**

My God will supply all [my] needs according to His riches in glory in Christ Jesus. (Philippians 4:19)

Who redeems your life from the pit and crowns you with love and compassion. (Psalm 103:4)

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**THANK YOU FOR PRAYING.**

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