

THE UNSHAKEABLE LIFE - I Will Hold My Head High

ICE BREAKER

- What is your favorite local restaurant? What dish or menu item would you recommend?
- Name a turning point in your life that makes you smile or cry, happy or sad.

Psalm 27:6

Causes for bowing our heads low

- **SIN** - Psalm 38:4
- **EVIL** - Psalm 40:12
- **CIRCUMSTANCES** - Lamentations 3:54
- **DISCOURAGEMENT** - Hebrews 12:12
- **CRISIS** - Job 2:13; Job 19:10

Which of the above resonates with you the most and why? How have you been practicing self-care, especially spiritually, while encountering these challenges?

God looks down from afar and lifts our heads up!

- Psalm 3:3
 - What does it mean for God to be “a shield around me?” What does it mean for God to be “my glory?”
- Isaiah 40:26
- Leviticus 26:13
- Psalm 147:6
 - Why do you suppose God favors the humble?
- Micah 7:8

Luke 13:10-17

What does this passage imply about Christ’s response when we’re tormented, harassed, or suffering? How should it encourage us today?

APPLICATION

- What is one takeaway from this lesson? How will I apply it in my life this next week?
- If you haven't yet, download these 7 confessions:
<https://drive.google.com/file/d/1U0kYobpfb3dLgoLBkkWV7zbiw1-C0iOe/view>
- Join us as we read through the Bible together this year:
<https://form.jotform.com/sccwired/2021>
- Join us Wednesdays for our in-person prayer gatherings: 6:30am, Noon, or 6:30pm (online also)

FEBRUARY 27



DISCUSSION GUIDE