

Beatitudes: THOSE WHO MOURN

ICE BREAKER

- What kind of movies/shows do I prefer? Dramas, Comedy, Romance, Action, Sci-Fi, etc.?
- What is one of the saddest moments/seasons in my life?

Matthew 5:3-11

V.4 Blessed are those who mourn, for they will be comforted.

- What are some qualities of mourning vs being comforted?

First Instinct: Turn away from the pain.

Reality- The comfort of divine presence.

Genesis 21:15-19

New Posture- Face the Pain

- Make space to mourn: **Psalm 69:10**
- Waiting in stillness: **Psalm 46:10**
- Learning to be present with God
- Writing a complaint: **Psalm 22:1**
- Mourning with those who mourn: **Isaiah 50:4**
- Learning to be present with people
- Brokenness and pain are not the end of the story: **Psalm 23:5**

In what ways do you see hope in the Sermon on the Mount?

How have I been comforted by someone else, or how has a church family helped me through a difficult time in my life?

APPLICATION

- Do I need to **surrender my life** to Jesus Christ and have my sins forgiven?
- What is one takeaway from today's message?