## Prayerwalking

"When Sanballat and Tobiah heard that someone had come to seek the welfare of the city and the sons of Israel, it displeased them" (Nehemiah 2:10).

Jerusalem was the Kingdom of God on earth, and so Nehemiah's mission was not just the building of walls and the replacement of gates it was the establishment of a heavenly kingdom on earth. The welfare of the people is a big part of His Kingdom! **To do this he had to live among the people...something** Jesus Himself did...we call this *incarnational* living.

"And so the Living Expression became a man and lived among us! We gazed upon His glory, the glory of the One and Only Who came from the father overflowing with tender mercy and truth!" (John 1:14).

The word 'seek' in Nehemiah 2:10 means to search, to examine with the primary emphasis being on touching, feeling, observing or discerning. This is only made possible by prayerfully and intelligently entering the world we're concerned about. One of the ways we can do this is by prayerwalking, or praying while we walk.



Prayerwalking our community will cultivate within us a greater sense of empathy, sympathy and genuine love for our neighbors.

Prayerwalking will:

- Make us more sensitive to God's heart for our city.
- Awaken us to the brokenness and needs of people.
- Make us more aware of what God is up to and how we fit into His work.
- Open our ears to God's solutions.
- Create divine encounters with our neighbors.



When Prayerwalking be:

**Intentional**-remain focused, alert and avoid chatter. **Sensitive**-to your 5 senses and more importantly, be receptive to the Holy Spirit's direction. He loves our neighbors more than we do.

**Detailed**-keep a journal to record observations, ideas, promptings, names, important details, and prayer requests.

**Communicative** – Debrief with your prayer partner and Neighborhood Gathering leader.

**Consistent** - even if it is seems strange or daunting, God will speak if we remain faithful.