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The Principle of Honesty

Exodus 20:16: You shall not give false testimony against your neighbor. (Do Not Lie)

- Lie: To practice deceit, falsehood, and treachery either by word or action.
- Truth: A fixed standard by which reality is measured.

Be honest with yourself: Ask for feedback

- **Psalm 51:6:** Surely you desire truth in the inner parts; you teach me wisdom in the inmost place.
- **Psalm 139:23:** Search me, O God, and know my heart; test me and know my anxious thoughts.

Be honest with others: Be Accountable

- **Proverbs 12:26:** A righteous person is cautious in friendship, but the way of the wicked leads them astray.
 - The ability to build a healthy relationship is based on the degree to which you are able to be clear and honest
 - **The Wise-** welcomes the truth; talk to them
 - **The Fool-** adjusts the truth; warn them
 - **The Evil-** use truth to harm; protect yourself
- **James 5:16:** Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

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Be honest with God: Be forgiven and free

- **1 John 1:9:** If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.
- **John 8:32:** Then you will know the truth, and the truth will set you free.